Cardiovascular Health Promotion and Disease Prevention Program

Lower your risk of heart problems, especially if you have a family history of heart disease.

You trust us with your Heart Health.

Now, you can help your family member take the road to a healthy heart by staying one step ahead of Heart Disease

Our Cardiovascular Health Promotion and Disease Prevention Program (CHPDP) is designed to promote cardiovascular health through diet, lifestyle changes, medical management, and other interventions.

Visit WMCHealthaps.com/heart to learn more

Request an appointment or refer a patient to The CHPDP Program at 914.909.6922