



Adolescent Partial Hospitalization Program  
105 Mary's Avenue, One North, Kingston, New York 12401  
Telephone (845) 334-3110 Fax (845) 334-4972

**REFERRAL FORM FOR ADOLESCENT PHP**

The Adolescent Partial Hospitalization Program (APHP) is a voluntary, intensive, short-term multi-disciplinary psychiatric treatment program for adolescents. Individuals who are admitted must be at risk of psychiatric hospitalization or be transitioning from an inpatient stay to the community. APHP is designed in compliance with NYSOMH and DNV standards to provide an alternative to inpatient treatment for persons with acute symptoms, meeting medical necessity criteria, who can be safely treated with less than 24 hours of daily care.

The major treatment focus is symptom reduction through medication management and the acquisition of coping skills through group therapy. Dialectical Behavior Therapy is the main treatment modality. A psychiatric provider manages medication and directs the treatment team. Mental health clinicians provide supportive individual therapy, group therapy, family therapy, case management and advocacy.

**Please sign and date after checking off all boxes indicating verification that admission criteria has been satisfied prior to faxing referral and supporting documentation to PHP for review.**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Address: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
PO or Street City State Zip Code

Telephone: \_\_\_\_\_ Cell: \_\_\_\_\_

Parent / Legal Guardian: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
Name Relationship Telephone #

Outpatient Provider/Agency: \_\_\_\_\_

Referring Provider: \_\_\_\_\_ Telephone: \_\_\_\_\_

Current Medications: (If more than 10, attach copy of current MAR or Medication History sheet)  
\_\_\_\_\_  
\_\_\_\_\_

Allergies: \_\_\_\_\_

**\*\*VERIFICATION of MEDICAID or PRIVATE INSURANCE BENEFITS for Partial Hospitalization Program (PHP) and access to medications is REQUIRED.**

Medicaid CIN # \_\_\_\_\_  
Insurance Type: \_\_\_\_\_ ID # \_\_\_\_\_  
Insurance Co. Phone # \_\_\_\_\_ Copay \_\_\_\_\_ Co-insurance \_\_\_\_\_  
Deductible (due at time of referral) \_\_\_\_\_ Out Of Pocket Max \_\_\_\_\_  
Preauthorization Information: Authorization# \_\_\_\_\_ Dates Authorized \_\_\_\_\_  
(Inpatient Referrals Only) Insurance Representative \_\_\_\_\_  
Name Phone #

Current Symptoms: \_\_\_\_\_

Patient's IQ (must be 70 or above): \_\_\_\_\_

An Axis I Psychiatric Disorder that is the major focus of treatment meeting medical necessity criteria.  
DX: \_\_\_\_\_

Between the ages of 13 and 18, appropriate for the milieu and willing to attend: 8:00am to 2:00pm, Monday through Friday for a period of approximately three weeks. Child must be escorted by parent / legal guardian to intake appointment. Describe proposed plan of treatment: \_\_\_\_\_

A stable residence within safe daily commuting distance of APHP is required. Current Residence if other than own home: \_\_\_\_\_

LOS: \_\_\_\_\_

Access to reliable transportation and telephone communication: (own car, cab, bus, rural transportation)  
Type of transportation to be used: \_\_\_\_\_

School Patient is Registered with: \_\_\_\_\_ Approve payment of tutor: \_\_\_\_\_

**\*\*DBT requires that a person NOT be under the influence of un-prescribed substances, therefore, 15 days of sobriety, co-occurring substance abuse treatment, and random urine drug screens are expected. Non-compliance may result in discharge from the program.**

Substance abuse history: (supported by toxicology reports, if available)

Date of last use: \_\_\_\_\_ Substance(s) used: \_\_\_\_\_

No recent history of violence directed at others and a willingness to contract for safety and refrain from self-injurious behavior. Comments: \_\_\_\_\_

Absence of any history of sexual aggression, victimizing or serious criminal behavior including domestic violence or stalking: Comments: \_\_\_\_\_

Supports: Family, Friends, AA, NA, and any other supports, please indicate: \_\_\_\_\_

Parent / Legal Guardian and adolescent have been informed that APHP is a voluntary program and that admission to APHP is not a pre-requisite for hospital discharge.

Comments: \_\_\_\_\_

Signature/Title: \_\_\_\_\_ Print Name \_\_\_\_\_ Date: \_\_\_\_\_ Time \_\_\_\_\_