

**WMC** | HealthAlliance Health | Westchester Medical Center Health Network

# **Community Health Needs Assessment** 2016 Update 2016–2018 Implementation Plan

Margaretville Hospital

**Delaware County** 

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## I. Executive Summary

# **Background and Process**

In accordance with the Affordable Care Act (ACA) of 2010 and the New York State (NYS) Health Improvement Plan's Prevention Agenda Requirements, HealthAlliance of the Hudson Valley (HealthAlliance), a member of the Westchester Medical Center Health Network (WMCHealth), participated with other area hospitals, public and government agencies, community partners and the Delaware County Public Health Department to participate in a community health assessment and develop a local community health improvement plan. A work group consisting of The Southern Tier Health Actions Priorities Network (HAPN), Delaware County Public Health, the regional Population Health Improvement Program (PHIP) and local area hospitals met regularly beginning in February 2016 to prioritize previously identified community health needs. The identified community health needs were based on a variety of data sources, including stakeholder interviews and consumer focus groups conducted by HAPN, regional assessments covering Delaware County conducted by the Performing Provider Systems (PPS) and data from the NYS Department of Health (NYSDOH) Prevention Agenda Dashboard.

Partners met on a monthly basis to analyze data sets and community strengths. The community participated in the process by means of focus groups and stakeholder interviews conducted from January to March of 2016 by Population Health Coordinators.

HealthAlliance's continuing progress and monitoring of goals identified in this assessment will be managed by HealthAlliance Community Health leadership, Margaretville Memorial Hospital's (Margaretville Hospital) Executive Director Mark Pohar, and the Margaretville Hospital Wellness Committee. Current and new outreach strategies will be modified, if needed, and developed during the current term of the 2016-2018 Community Health Needs Assessment (CHNA).

This document highlights findings from the 2016 CHNA, outlines the process by which the public health priorities were chosen and describes the goals, objectives and action plans for the selected NYS Prevention Agenda priority focus areas.

# **Health Needs Identified**

The health needs were identified through an extensive process that included a review of existing data sets from state and national sources; regional community needs assessments and extensive collaborative dialogue with local focus groups and health professionals. Through collaboration with county public health and community-based organizations, Margaretville Hospital aligned together with other area hospitals and the Delaware County Public Health Department to select the two Prevention Agenda Priorities of Prevent Chronic Disease and Promote Mental Health/ Prevent Substance Abuse.

## **Prioritized Health Needs**

Following the public participation and input period, the health priorities were chosen based upon the application of five criteria that are outlined in the body of the report. After identifying the criteria for priority selection, Delaware County Public Health Department established a work group which included Margaretville Hospital, Delaware Valley Hospital, O'Connor Hospital, Tri-Town Regional Hospital and the Southern Tier PHIP. Through this work group, the data from the community engagement sessions and the hospital and county health department community health assessments were aligned with the priorities outlined by the NYS 2014-2016 Prevention Agenda.

#### **Implementation Plan**

HealthAlliance's Margaretville Hospital developed an implementation plan to address community health needs identified in the CHNA while paying particular attention to aligning with the goals and objectives set forth by the NYS Prevention Agenda. The two NYS Prevention Agenda Priority categories chosen to address identified community health needs are Prevent Chronic Disease and Promote Mental Health/Prevent Substance Abuse. Coincidentally, HealthAlliance's hospital campuses in Ulster County chose the same NYS Prevention Agenda priority areas. Many of the identified needs in both counties are broadly targeted within chronic disease and mental health priority areas.

Our implementation strategies focus on enhancing current services and expanding or implementing new approaches with our partners to address the two community health need priorities identified by other Delaware County stakeholders and the HealthAlliance's Margaretville Hospital.

## II. Community Description

Margaretville Memorial Hospital (Margaretville Hospital), a member of HealthAlliance of the Hudson Valley and the Westchester Medical Center Health Network (WMCHealth) is a rural Critical Access Hospital whose mission is to provide immediate access to high quality medical care and diagnostic testing services to medically underserved areas in the Catskill Mountains. Margaretville Hospital provides linkages to high tech and specialty medical care through an active relationship with HealthAlliance and WMCHealth.

Margaretville Hospital is the Delaware County affiliate of HealthAlliance of the Hudson Valley (HealthAlliance), a multi-campus health care system consisting of HealthAlliance Hospital's Mary's Ave. and Broadway campuses in Kingston, NY, and Margaretville Hospital, which is co-located on a single campus in Margaretville, NY (Delaware County), with the Mountainside Residential Care Center, a skilled nursing facility.

HealthAlliance defines its primary service area by a federal definition that consists of the top 75% of hospital discharges from the lowest number of contiguous zip codes. Margaretville hospital serves the communities of Margaretville, Arkville, Andes, Fleischmanns, Roxbury, Halcott Center, Halcottsville, and New Kingston. Due to the geographical location of acute care hospitals affiliated with HealthAlliance, there are two distinct primary services areas within Ulster and Delaware Counties, though not encompassing all of each county. For operational and community needs development, HealthAlliance regards these two service areas as a single primary service area with the predominant population in Ulster County. However, for the purposes of this document, which will align with the Delaware County Community Health Assessment and the Community Health Improvement Plan, we will present the information pertaining to the Margaretville Hospital service area, located in Delaware County and described in the beginning of this section.



#### **Margaretville Hospital Service Area**

Other community health services and resources available in Delaware County include 20 ambulance services, mostly consisting of volunteer membership. In addition to Margaretville Hospital, there are three other hospitals, operated by two other healthcare systems: Delaware Valley Hospital affiliated with United Health Services, as well as O'Connor Hospital and Tri-Town Hospital, both affiliated with the Bassett Healthcare Network. Additionally, there are two nursing homes in the county, 15 primary care offices including health centers and private physician offices, 15 locations and 9 full-time equivalent dentists, and two mental health clinics with multiple locations within the county.

Delaware County covers 1,446 square miles in upstate New York, belonging to both the Southern Tier region and the Catskill Mountain range. Delaware County is the fourth largest county in New York by area and is the sixth most rural with a population density of 32.3 persons per square mile.

The county includes the Catskill/Delaware Watershed, which is the largest unfiltered drinking water supply in the United States. The watershed region encompasses the central and eastern sections of Delaware County and includes roughly 65% of the county's land area and 11 of its 19 townships. Approximately 55% of Delaware County's population lies within the Watershed.

Based on the 2010 Census, the population of Delaware County is 47,840, 50.2% male and 49.8% female. In 2013, the population decreased to 46,772, representing a 2.3% reduction in population (Table 1). At the time of the 2010 Census, 9,405 people were less than 18 (19.6%), 38,575 were 18 and over (80.4%) and 9,331, were 65 and over (19.4%). It is estimated that 46.5% of the total population is 45 years of age or older.

Table 1.1 opulation change in Delaware county, 2010 2010								
Geographic Area	2010	2013	Percent Change 2010-2013					
Delaware County	47,840	46,772	- 2.3%					
New York State	19,378,102	19,795,791	+2.15%					

Table 1: Por	oulation Cha	inge in Delav	ware County,	2010 - 2013
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Source: http://www.fedstats.gov/qf/states/36/36025.html http://quickfacts.census.gov/qfd/states/36/36025.html

A majority of Delaware County residents over the age of 15 are married (72.5%), followed by never married (42%); separated (2.8%), widowed (2%), and divorced (1.8%) make up a smaller portion of the population. Delaware County's population is 95% White, 1.9% African-American, 0.2% American Indian/Eskimo, 0.8% Asian, and 3.4% of Hispanic Origin (U.S. Census Bureau, 2010-2014 American Community Survey).

In 2015, the median family income in Delaware County, \$44,617, is less than New York State's at \$58,687. According to the NYS Poverty Report released in March 2015, the population below the poverty line was 16.4%, higher than the rate of 15.9% for New York. Notably, the percentage of children living below the poverty line has increased between 2000 and 2013 from 18% to 22%. The communities of Davenport (33.8%) and Walton (35.1%) have the highest rates of child poverty in Delaware County (U.S. Census Bureau, 2009-2013 American Community Survey).

Based on the NYS Department of Health Behavioral Health Survey from 2013-2014, 83.9% of the population has healthcare coverage compared to 88.7% in the Southern Tier and 84.7% in the Mohawk Valley region, with only 62.2% of Delaware County adults aged 18-64 visiting a doctor for a routine checkup. Accordingly, 8.7% of residents reported not receiving medical care in the past year because of cost, compared to 10.0% in the Southern Tier, 12.2% in the Mohawk Valley region, and 13.1% in New York State.

# III. Identified Community Health Needs

# A. Process for Prioritizing

The Community Service Plan has taken into account input from persons who represent the broad interests of the community served by Margaretville Hospital. Through collaboration with Delaware County Public Health, the three other hospitals representing Delaware County, and the Southern Tier Population Health Improvement Program, Margaretville Hospital aligned together to address two Prevention Agenda priorities.

The primary proactive means for receiving community input was through the Regional Assessment conducted by the Southern Tier Population Health Improvement Program (PHIP). In the Southern Tier, PHIP covers five counties including Delaware County. In order to inform the direction of the Southern Tier PHIP, also known as Health Action Priorities Network (HAPN), the team conducted a regional health assessment utilizing stakeholder interviews and consumer focus groups. The information from this assessment that specifically refers to Delaware County was utilized to direct the selection of the public health priorities for Margaretville Hospital.

From June 2015 through January 2016, a total of 43 one-on-one structured interviews in Delaware County were conducted with professionals working in diverse fields such as health care, education, transportation, economic development, mental health, law enforcement and elected officials, among others. The interview questions, 10 key questions and five secondary questions, centered on health disparities, key barriers to addressing them, and gaps in service provision.

Consumers' input was sought through focus groups which were conducted from January through March of 2016. Population Health Coordinators met with pre-existing groups including support groups, service clubs, parent groups and senior meals. HAPN/PHIP Southern Tier conducted five focus groups with 37 participants in Delaware County. They were asked about their experiences with health and health care delivery. Responses from the focus groups were collected by note-takers and summarized qualitatively by the Population Health Coordinators.

In addition, Margaretville Hospital is an active participant in Delaware County's Community Health Improvement Plan process. This process included input and suggestions from Delaware County Public Health, Delaware Valley Hospital, Margaretville Hospital, O'Connor Hospital, and the Southern Tier PHIP. Following the public participation and input period, the health priorities were chosen based upon the application of the following five criteria:

- The priority area was identified by at least two of three of the primary information sources: Margaretville Hospital Community Service Plan, Delaware County's Community Health Assessments or the Westchester Medical Center Performing Provider System Community Needs Assessment;
- 2. The priority area was consistent with the current NYS Department of Health Prevention Agenda Areas;
- 3. The priority area was supported by data showing health status indicators or health needs were either below the averages for New York State or for the Margaretville service area based on the Westchester PPS Community Needs Assessment.
- 4. The degree of aberration from National Healthy People 2020 goals and/or from NYS Prevention Agenda objectives; and
- 5. The priority area was identified/recommended during the public input process.

After identification of the criteria for priority selection, a work group was convened by the Delaware County Public Health Department which included Margaretville Hospital, Delaware Valley Hospital, O'Connor Hospital and Tri-Town Regional Hospital, as well as the Southern Tier PHIP. Through this work group, the data from the community engagement sessions, as well as the hospital and county health department community health assessments, were aligned with the priorities outlined by the NYS 2014-2016 Prevention Agenda.

Additionally, the rationale for choice of priorities was based on available resources and capacity to address the priority. Opportunity for development of collaborative interventions by Margaretville Hospital, the Delaware County Public Health Department and other community partners, was also considered.

# Information Gaps Limiting Hospital Facility's Ability to Assess the Community's Health Needs

Three major and distinct health systems serve sections of Delaware County – Delaware Valley Hospital affiliated with United Health Services, Margaretville Hospital affiliated with HealthAlliance, and O'Connor and Tri-Town Hospitals affiliated with Bassett Healthcare Network. The challenges of communication across systems can lead to care management issues for patients with complex health conditions. Additionally, there is little to no communication between mental health, hospital or primary care providers, further inhibiting communication between systems.

These challenges in communication for patient care translate to difficulties in assessing the community's health needs. As there are three Delivery System Reform Incentive Payment (DSRIP) Program Performing Provider Systems (PPS) aligned with the hospital systems, this creates further difficulty in determining assets, needs and community priorities. All three PPS performed Community Needs Assessments which include Delaware County, all of which produced different results. These PPS are now participating in different projects, which create challenges in coordination across Delaware County.

# **B.** Prioritized Health Needs

Through the collaboration described above with county public health and community-based organizations, Margaretville Hospital aligned together to select two Prevention Agenda Priorities.

- a) Prevent Chronic Disease
- b) Promote Mental Health and Prevent Substance Abuse

Both of these 2016 priorities are from the NYS Prevention Agenda 2016-2018. Margaretville Hospital participated in a workgroup consisting of the three local health systems and the county Public Health department to identify focus areas, and objectives for each of the Agenda Priorities jointly identified by the hospital and collaborators:

Prevention Strategy: Prevent Chronic Disease
 Focus Area 1: Reduce obesity in children and adults.
 Goal 1.1: Create community environments that promote and support health food and beverage choices and physical activity.
 Objective 1.0.1: Reduce the percentage of adults ages 18 and older who are obese.
 Goal: Expand the role of public and private employers in obesity prevention.
 Objective 1.0.2: Increase the percentage of small and medium worksites that offer a comprehensive worksite wellness program for all employees.

 Promote Mental Health and Prevent Substance Abuse
 Focus Area 2: Prevent Substance Abuse and other Mental Emotional Behavioral (MEB) Disorders.
 Goal 3.2: Strengthen infrastructure for MEB health promotion and MEB disorder prevention.
 Objective: Establish systemic enhancements to telemedicine and referral platforms.
 Goal: Prevent suicides among youth and adults.
 Objective: Decrease the age-adjusted suicide rate.

The disparate population to be addressed: Low-income residents of rural areas in Delaware County.

Data to support the rationale behind the choice of priorities, focus areas, objectives and the disparity to be addressed include:

- Delaware County is the sixth most rural county in New York with a population density of 32.3 persons per square mile; median family income in Delaware County, \$44,617, is less than New York State's at \$58,687, a difference of \$14,000.
- According to the Southern Tier HAPN/PHIP Regional Assessment, Delaware County stakeholders felt that chronic disease has the highest impact on health, followed closely by Mental Health and Substance Use (Graph).



Source: Southern Tier Health Action Priorities Network, 2015-2016 Regional Assessment

- According to the New York State Prevention Agenda Dashboard, 33% of adults are overweight, and 26% of adults are obese in Delaware County, whereas 37.7% of children Pre-K to 10<sup>th</sup> grade are considered overweight or obese. Moreover, the New York State Expanded Behavioral Risk Factor Surveillance Survey reports that 25% of Delaware County adults do not participate in leisure time physical activity.
- New York State Prevention Agenda data indicates that the suicide rate for Delaware County has been on an upward trend since 2008, far surpassing upstate New York with a rate of 18.5 suicide deaths per 100,000 in 2014. Usage of the Drug Abuse Clinic and Mental Health Clinic in Delaware County has steadily increased, which a greater percentage of patients seeking treatment for opiate addition.

## IV. Implementation Strategy

Margaretville Hospital will post the Hospital Community Service Plan on HealthAlliance's website. News and events related to the interventions will also be posted. The Community Health component of the hospital system's website can be found at: <a href="http://www.hahv.org/healthy-neighborhood/community-health/">http://www.hahv.org/healthy-neighborhood/community-health/</a> For the community based strategies, Margaretville Hospital will continue to actively participate in a work group consisting of the Public Health Department and three other local hospitals for the purposes of maintaining engagement with local partners over the next three-year period.

Progress will be tracked by the work group. Mid-course corrections will be made based on the discussions surrounding the review of the Community Service Plan and detailed tasks. Anecdotal feedback will be obtained from work group meetings, meetings involving health and wellness groups such as the Rural HealthAlliance, and from patients and individuals participating in interventions. Finally, as available, local, state and national health status indicators will be reviewed.

# A. Health Needs Addressed by HealthAlliance

## **Priority Area 1: Prevent Chronic Diseases**

## Focus Area 1: Reduce obesity in children and adults.

**Goal 1:** Create community environments that promote and support health food and beverage choices, and physical activity.

Outcome Objective: Reduce the percentage of adults ages 18 and older who are obese.

Margaretville Hospital will work with the communities in their service area to increase retail availability of affordable healthy foods that meet the needs of communities, especially those with limited access to nutritious foods.

The Margaretville Hospital Wellness Committee will recommend healthy vending guidelines that will be adopted by the hospital and impact employees, patients and visitors at the Margaretville Hospital and Mountainside Residential Care Center. Currently under review are vending policies implemented in other locales. Ulster County and the City of Kingston, the primary home of HealthAlliance, have adopted a Healthy Vending Policy. Through this action, Margaretville Hospital expects that the percentage of adults who are obese, ages 18 years and older, will have the option to select lower calorie foods when dining at Margaretville Hospital and Mountainside Residential Care Center. This strategy will help to drive a reduction in obesity statistics. Margaretville Hospital staff will assess the food that is being offered to ensure adherence with newly adopted nutrition vending standards.

Goal 2: Expand the role of public and private employers in obesity prevention.

Outcome Objective: Increase the percentage of small and medium worksites that offer a comprehensive worksite wellness program for all employees.

The hospital has begun to implement an evidence-based wellness program for all employees in cooperation with the participating health plan and community partnerships that include but are not limited to increased opportunities for physical activity; access to and promotion of healthful foods and beverages, and health benefit coverage and/or incentives for obesity prevention.

The hospital will implement nutrition and beverage standards in public institutions, worksites and other key locations such as Margaretville Hospital and Mountainside Nursing Home. As a role model, HealthAlliance has begun to implement system-wide changes that incentivize employee participation in a personal health assessment (PHA), annual physical and the adoption of at least one healthy behavior by structuring health insurance rates favorably for those that participate in wellness activities. This may serve as a template for other community organizations that are interested in creating worksite wellness programs.

The HealthAlliance administration will review and report data aggregated by CDPHP on employee participation and success. In partnership with the HealthAlliance Employee Wellness Committee, HealthAlliance will offer healthy eating classes and gym memberships at reduced rates.

Goal	Outcome	Interventions/	Process	Partner role	Partner	By When	Will action address
	Objectives	Strategies/Activities	measures		resources		disparity?
Goal #1.1:	By December	Increase retail availability of	Number	Margaretville	Under review	December	Yes, the existing disparity
Create	31, 2018,	affordable healthy foods	and type of	Hospital is the lead	are vending	2017	for the 2016-2018
community	reduce the	that meet the needs of	key	agency.	policies		Community Health
environments	percentage of	communities, especially	community	Margaretville	implemented		Improvement Plan is "low
that promote	adults ages 18	those with limited access to	locations	Hospital Wellness	in other		income residents in rural
and support	years and older	nutritious foods.	that adopt	Committee will	locales. Under		areas in Delaware County."
healthy food	who are obese		and/or	recommend	consideration		This can benefit a large
and beverage	from 24.5%	Implement nutrition and	implement	healthy vending	for adoption		portion of the Margaretville
choices and	(2011) to 23.2%	beverage standards in	nutrition	guidelines that will	are Ulster		Hospital service area, as the
physical	among all	public institutions, worksites	and	impact employees,	County/ City of		average weekly wage rate
activity.	adults.	and other key locations such	beverage	patients and	Kingston's		for Delaware County is \$775
		as Margaretville Hospital	standards.	visitors at the	Healthy		(2015), which is 34% below
		and Mountainside		Margaretville	Vending Policy.		the NYS rate of \$1180.
		Residential Care Center.		Hospital and			
				Mountainside			
				Residential Care			
				Center.			
Expand the	By December	Implement evidence-based	Collection	HealthAlliance	The	Starts	Yes, the existing disparity
role of public	31, 2018,	wellness programs for all	of a	Administration	HealthAlliance	December	for the 2016-2018
and private	increase by 10%	public and private employees,	baseline	creates a system-	Administration	2017, with	Community Health
employers in	the percentage	retirees and their dependents	number of	wide change and is		continuous	Improvement Plan is "low
obesity	of small to	through collaborations with	employees	the lead agency.	The	monitoring	income residents in rural
prevention.	medium	unions, health plans and	that		HealthAlliance	of data	areas in Delaware County."
	worksites that	community partnerships that	participate	CDPHP	Employee	until the	This can benefit a large
	offer a	include but are not limited to	in the	collaborates by	Wellness	end of	portion of the Margaretville
	comprehensive	increased opportunities for	Personal	providing	Committee - In	2018	Hospital service area, as the
	worksite	physical activity; access to and	Health	aggregate data	kind		average weekly wage rate
	wellness	promotion of healthful foods	Assessment	from their website			for Delaware County is \$775
	program for all	and beverages; and health	(PHA) <i>,</i>	on employees that	CDPHP-website		(2015), which is 34% below
	employees that	benefit coverage and/or	annual	complete the PHA	administration		the NYS rate of \$1180.
	is fully	incentives for obesity	physical	and engage in			
	accessible to	prevention and treatment,	and	healthy behavior			
	people with	including breastfeeding	healthy	opportunities.			
	disabilities.	support.	behaviors.				

As a role model,	Data is reviewed		
HealthAlliance will implement	and reported by		
system-wide changes that	HealthAlliance.		
incentivize employee			
participation in a personal			
health assessment (PHA),			
annual physical and the			
adoption of at least one			
healthy behavior by			
structuring health insurance			
rates favorably for those that			
participate in wellness			
activities. This will serve as a			
template for other community			
organizations that are			
interested in creating worksite			
wellness programs.			

# Priority Area 4: Promote Mental Health and Prevent Substance Abuse

## Focus Area 3: Strengthen infrastructure across systems.

**Goal 1:** Strengthen infrastructure for MEB health promotion and MEB disorder prevention.

Outcome Objective: Enhance telemedicine and referral systems to build infrastructure of psychiatric services.

# Focus Area 2: Prevent Substance Abuse and other Mental Emotional Behavioral Disorders

**Goal 2:** Prevent suicides among youth and adults.

Outcome Objective: Decrease age-adjusted suicide rates.

Outcome Objective: Decrease the number of suicide attempts.

Margaretville Hospital will work with the following entities to achieve the goal of preventing suicides among youth and adults – Delaware County Public Health, O'Connor Hospital, Tri-Town Regional Hospital and Delaware Valley Hospital. These entities will share data on suicides, attempted suicides and suicidal ideation.

Margaretville Hospital will establish telemedicine capabilities with input from WMCHealth to bring psychiatric services to the Delaware County community. Utilizing resources from HealthAlliance and WMCHealth, and with referrals provided to the Margaretville and Roxbury schools, Margaretville Hospital foresees high value and potential in meeting the needs of the identified disparate population.

In regards to suicide prevention, the entities described above will take responsibility for the following:

- Delaware County Public Health will share data on gender, age and means of suicide deaths with the Delaware County Suicide Prevention Network;
- O'Connor Hospital will collect the numbers of suicide attempts and ideation statistics from all Emergency Departments in Delaware County. This data will also be reported to the Delaware County Suicide Prevention Network; and
- Margaretville Hospital, Tri-Town Regional Medical Center and Delaware Valley Hospital will report the numbers of suicide attempts and suicide ideation to O'Connor Hospital, where the complete data will be aggregated.

The intended impact behind the collaboration of resources will be to decrease the age-adjusted suicide rate in Delaware County by 10% (from 17.2 to 15.5) per 100,000, and to decrease the number of suicide attempts in Delaware County by December 31, 2018.

To strengthen infrastructure for MEB health promotion and MEB behavior prevention, Margaretville Hospital will partner with community organizations and coalitions, as well as the Margaretville Hospital Wellness Committee, Westchester Medical Center psychiatry and psychology departments, the Margaretville and Roxbury schools and potentially other school districts. Also included in this partnership will be Delaware County Public Health and Mental Health.

Telemedicine equipment will be operational, and a system for gathering referrals from the Delaware County community will be in place. A staff person at Margaretville Hospital will be dedicated to this work. Margaretville

Hospital will expect numbers of individuals utilizing the telepsychiatry services to increase each quarter of year one, with 10 people the first quarter, 20 people the second quarter, and 30 people the third quarter.

Goal	Outcome Objectives	Interventions/ strategies/activities	Process measures	Partner role	Partner resources	By When	Will action address disparity?
Goal #3.2: Strengthen infrastructure for MEB health promotion and MEB disorder prevention.	Telemedicine equipment will be operational and a system for gathering referrals from the Delaware County community will be established by a dedicated responsible party at Margaretville Hospital.	Margaretville Hospital will establish relations with a visiting psychologist and telemedicine capabilities with input from WMCHealth to bring psychiatric services to the Delaware County community.	Psychologist/Program Coordinator is hired * Equipment is operational ** Referral system is operational Number of individuals meeting with the psychologist and utilizing the telepsychiatry services.	Margaretville Hospital is the lead agency	HealthAlliance VAP Grant For Rural Communities Margaretville Hospital, Westchester Medical Center and HealthAlliance will contribute telemedicine Margaretville and Roxbury Schools will contribute in - kind referrals	*Begins first quarter of 2017 ** Begins second quarter of 2017	Yes- Please see Table 1.9 in CHA. Low income children and adults in rural areas in Delaware County.

Goal	Outcome Objectives	Interventions/ strategies/activities	Process measures	Partner role	Partner resources	By When	Will action address disparity?
Prevent suicides among youth and adults.	Decrease the age-adjusted suicide rate in Delaware County by 10% from 18.5 to 16.65 per 100,000 by 12.31.2018 Decrease the number of suicide attempts in Delaware County by 12.31.2018.	Share data on suicide, suicide attempts and prevention efforts.	Share Margaretville Hospital Emergency Department (ED) data on the number of patient reporting to EDs with suicide attempt or ideation to the Delaware County Suicide Prevention Network.	Delaware County Public Health – Lead agency Collaborate with: -Tri-Town Regional Hospital -O'Connor Hospital -Margaretville Hospital -Delaware Valley Hospital	Delaware County Public Health shares data on age, gender and means of suicide deaths with the Delaware County Suicide Prevention Network. O'Connor Hospital will collect the number of suicide attempt and ideation statistics from all Emergency Departments in Delaware County. Data will be reported to the Delaware County Suicide Prevention Network. Delaware Valley Hospital, Tri-Town Regional Hospital and Margaretville Hospital will report the number of suicide attempts and suicide ideation cases to O'Connor Hospital.	Monthly, Annually	Yes- Please see Table 1.9 in CHA. Low income children and adults in rural areas in Delaware County.

# B. Health Needs Not Addressed by HealthAlliance

After a review of the Community Needs Assessment done by WMCHealth, the stakeholder interviews and consumer focus groups done by the PHIP, and Margaretville Hospital's previous experiences with providing community services coordination, the Executive Director of Margaretville Hospital and the quality coordinator who interfaced with the Margaretville Hospital Wellness Committee, by consensus selected the priorities to address. This decision took into account the collaborative process of the four area hospitals and the Delaware County Health Department group. Also taken into account was the severity of the issues at hand, the service area of the hospital system, and the hospital's capacity to address the need influenced by the decision. With regard to chronic disease prevention and obesity prevention, the choice was made to select an environmental intervention rather than an educational outreach, which was attempted in the last Community Service Plan but had a less than optimal turnout by the community. The priority areas not chosen for this Community Service Plan were:

- Healthy and Safe Environment
- Promote Healthy Women, Infants and Children
- Prevent HIV, STDs, Vaccine Preventable Diseases and Health Care Associated Infections

## V. Board Approval

HealthAlliance of the Hudson Valley, Chairman of the Board of Directors

Approved by: the Board

Date: December 8, 2016